

*** Offizielle Tanzbeschreibung 2026***

Not the Only One

2026 Newcomer WCS – Non Country

01.Mai.2026 – 30.April 2027

Choreographed by Sebastian Fröhlich-Damp

Update 20.04.2026

Description: 32 Counts 4 Walls WCS

Music: I'm Not the Only One - Sam Smith

Intro: 32 Counts

S1: 2x WALKS, MAMBO, 2x WALKS BACK, ANCHOR STEP

1-2 Step RF fwd, Step LF fwd
3&4 Step RF fwd, recover weight to LF, Step RF back
5,6 Step LF back, Step RF back
7&8 Step LF back, Step RF next to LF, recover weight on LF

S2: 2x WALKS, FRENCH CROSS with ½ TURN L with SWEEP, 2x SAILOR STEPS

1,2 Step RF fwd, Step LF fwd
3&4 ¼ Turn left step RF to side, cross LF over RF, ¼ Turn left step RF back and sweep LF
 from front to back
5&6 LF cross behind RF, RF step side, LF step side
7&8 RF cross behind LF, LF step side, RF step side

S3: 2x CROSS BACK BACK, CROSS, SPIRAL, SIDE ROCK

1&2 LF cross over RF, RF step diagonal backwards, LF step diagonal backwards
3&4 RF cross over LF, LF step diagonal backwards, RF step diagonal backwards
5,6 LF cross over RF, full turn right weight is on LF
7,8 RF step side, recover weight on LF

S4: CROSS CHASSÉ, ¼ TURN R STEP BACK, WALK BACK, COASTER STEP, KICK-BALL-STEP

1&2 RF cross over LF, LF step side, RF cross over LF
3,4 ¼ turn right stepping LF backwards, RF step back
5&6 LF step back, RF close to LF, LF step fwd
7&8 RF kick fwd, RF close to LF, LF step fwd