

My Bestie



Offizielle Tanzbeschreibung des
*** Bundesverband für Country Westertanz Deutschland e.V. ***

Deutsche Meisterschaft 2022

Description:	A 32 Counts, TAG 1, TAG 2, 4 Wall, Counterclockwise
Level:	Modern Basic - Dance A
Music:	Iko Iko - Justin Wellington (BPM 105)
Choreographer:	Colin Ghys & José Miguel Belloque Vane
Phrasing:	A, TAG 1, A, A, TAG 1, A, TAG 1, A, A, TAG 2, A

FORWARD 2X, ROCK STEP 2X, WEAWE, CROSS, HEEL BOUNCE

- 1,2 RF Step forward, LF Step forward
- 3& RF Step forward, LF Recover weight
- 4& RF Step R, LF Recover weight
- 5&6&7 RF Cross behind, LF Step L, RF Cross over, LF Step L, RF Cross behind
- 8& BF Heels up, BF Heels down RF weighted

RUMBA BOX, BACKWARDS 2X, COASTER STEP

- 1&2 LF Step L, RF Step together, LF Step forward
- 3&4 RF Step R, LF Step together, RF Step backwards
- 5,6 LF Step backwards, RF Step backwards
- 7&8 LF Step backwards, RF Step together, LF Step forward

½ STEP TURN L, ¼ STEP TURN L, CROSS, SIDE, HEEL, SIDE, X2

- 1,2 RF Step forward both hands up, LF ½ Turn L, step forward (6:00) both hands down
- 3,4 RF Step forward both hands up, LF ¼ Turn L, step L (3:00) both hands down
- 5&6& RF Cross over, LF Step L, RF Touch heel diagonally R, RF Step R
- 7&8& LF Cross over, RF Step R, LF Touch heel diagonally L, LF Step L

¾ VOLTA TURN R, CROSS SIDE CROSS SWEEP, SAILOR TOUCH ¼ TURN L

- 1& RF ¼ Turn R, step forward (6:00), LF Push L on ball
- 2& RF ¼ Turn R, step forward (9:00), LF Push L on ball
- 3&4 RF ¼ Turn R, step forward (12:00), LF Push L on ball, RF Step forward
- 5&6 LF Cross over, RF Step R, LF Cross behind and RF Sweep backwards
- 7&8 RF Cross behind, LF ¼ Turn L, step forward (9:00), RF Touch together

TAG 1: (After wall 1, 3 and 4)

OUT, OUT, IN, IN

- 1 RF Step diagonally R forward and Shimmy shoulders
- 2 LF Step L and Shimmy shoulders
- 3 RF Step to centre and Shimmy shoulders
- 4 LF Step together and Shimmy shoulders

TAG 2 (6:00): (After wall 6)

OUT, OUT, IN, IN, ½ STEP TURN L 2X

- 1 RF Step diagonally R forward and Shimmy shoulders
- 2 LF Step L and Shimmy shoulders
- 3 RF Step to centre and Shimmy shoulders
- 4 LF Step together and Shimmy shoulders
- 5 RF Step forward
- 6 LF ½ Turn L, step forward (12:00)
- 7 RF Step forward
- 8 LF ½ Turn L, step forward (6:00)