

Bleeding Love

Offizielle Tanzbeschreibung des
*** Bundesverband für Country Westertanz Deutschland e.V. ***
Deutsche Meisterschaft 2022



Description: 2 Wall, 64 Counts, Non-Country
Level: **Intermediate - Dance C**
Motion / Rhythm: Smooth - WCS
Music: Bleeding Love - Leona Lewis (104 BPM)
Choreographer: Shauni Dankers (BE)

WALK R - L, 1 ½ TURN WITH A SWEEP, COASTER STEP, WALK R - L

1,2 RF step forward, LF step forward
3& Turn ½ to left side (6:00) step RF backward, Turn ½ to left side LF step forward (12:00)
4 Turn ½ to left side step RF backward and sweep LF front to back (6:00)
5&6 LF step backward, RF close, LF step forward
7,8 RF step forward, LF step forward

R TOE STRUT, ½ TURN, L TOE STRUT, SIDE SLIDE, HEEL POP

1 Touch right toe forward
2& Drop right heel, turn ½ to left side (12:00)
3,4 Touch left toe forward, Drop left heel
5,6 RF large step to right side, LF slide in place to RF
7&8 LF close and turn 1/8 into diagonal (10:30), Raise both heels off the ground, Drop heels

WALK R - L, ROCK FORWARD, WALK BACK, FLICK ½ TURN, SHOULDER SHRUG

1,2 RF step forward, LF step forward (10:30)
3&4 RF rock forward, Recover back on LF, RF step backward
5,6 LF flick with ½ left turn (4:30), LF touch forward
7&8 Lift left shoulder up, drop left shoulder and lift right shoulder up, drop right shoulder and lift shoulder up

SWEEP FORWARD X2, 1/8 TURN, JAZZ BOX X2

1,2 Put your weight on LF, RF sweep forward (4:30)
3,4 Put your weight on RF, LF sweep forward with 1/8 turn to right side
5&6 LF cross over RF, RF step backward, Step LF to side (4:30)
7&8 RF cross over LF, LF step backward, Step RF next to LF (6:00)

WALK L - R, ROCK FORWARD, HITCH, TOUCH, TURN ¼ RIGHT

1,2 LF step forward, RF step forward
3&4 LF rock forward, Recover back on RF, LF step backward
5,6 RF hitch, Touch RF backward
7,8 Turn ¼ to right side (9:00), Put weight on RF

CROSS, SIDE, CROSS, SIDE ROCK, CROSS, SIDE, CROSS, CLOSE

1,2 Cross LF over RF, RF step R
3&4 Cross LF over RF, RF rock to the right side, Recover back on LF
5,6 Cross RF over LF, LF step L
7,8 Cross RF over LF, LF close next to RF



WALK R, ¼ TURN, SAILOR STEP, WALK BACKWARD X6 WITH HEEL SWIVELS

- 1,2 RF step forward, Turn ¼ to the right (12:00) and LF step to the left side
- 3&4 Cross RF behind LF, Close LF next to RF, RF step diagonal to 1:30 facing 10:30
- 5& LF step backward, let RF swivel out, RF step backward, let LF swivel out
- 6,7 LF step backward, let RF swivel out, RF step backward, let LF swivel out
- 8& LF step backward, let RF swivel out, RF step backward, let LF swivel out

TURN 1/8 WALK L, TURN ¼ TO L, SAILOR STEP X2, ANCHOR STEP

- 1 1/8 Turn L (9:00) and LF step forward
- 2 ¼ Turn L (6:00) and RF step to right side
- 3&4 Cross LF behind RF, Close RF next to LF, LF step to the side
- 5&6 Cross RF behind LF, Close LF next to RF, RF step to the side
- 7&8 LF step behind RF, RF recover weight, LF step back

TAG: AFTER WALL 2

WALK R – L, ROCK FORWARD, WALK BACKWARD L – R, ANCHOR STEP

- 1,2 RF step forward, LF step forward
- 3&4 RF rock forward, Recover back on LF, RF step backward
- 5,6 LF step backward, RF step backward
- 7&8 LF step behind RF, RF recover weight, LF step back

