

# This Bar



Offizielle Tanzbeschreibung des  
\*\*\* Bundesverband für Country Westertanz Deutschland e.V. \*\*\*  
**Deutsche Meisterschaft 2022**

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Description: 4 Wall, 32 Counts, Country  
Level: **Novice - Dance B**  
Motion / Rhythm: Lilt - Polka  
Music: This Bar - Morgan Wallen (BPM 110)  
Choreographer: Melissa Geveling

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## **SHUFFLE STEP, KICK BALL STEP, SHUFFLE STEP, ¼ STEP TURN L**

1&2 RF Step backwards, LF Step together, RF Step backwards  
3&4 LF Kick backwards, LF Step together, RF Step forward  
5&6 LF Step forward, RF Step together, LF Step forward  
7,8 RF Step forward, LF ¼ Turn L, step L (9:00)

## **KICK BALL STEP, SAILOR STEP, CROSS SIDE CROSS, ROCK STEP**

1&2 RF Kick diagonally L forward, RF Step together, LF Step L  
3&4 RF Cross behind, LF Step L, RF Step R  
5&6 LF Cross behind, RF Step R, LF Cross over  
7,8 RF Step R, LF Recover weight

## **3/8 TURN R, CHASSE, ¼ TURN R, CHASSE 2X, 1/8 TURN R, CHASSE**

1&2 RF 3/8 Turn R, step R (1:30) Towards 4:30, LF Step together, RF Step R  
3&4 LF ¼ Turn R, step L (4:30) Towards 1:30, RF Step together, LF Step L  
5&6 RF ¼ Turn R, step R (7:30) Towards 10:30, LF Step Together, RF Step R  
7&8 LF 1/8 Turn R, step L (9:00), RF Step together, LF Step L

## **KICK & TOUCH &, KICK BALL STEP, ½ TURN R, FULL CHAINE TURN R, ½ CHAINE TURN R**

1&2 RF Kick diagonally L forward, RF Cross over, LF Touch together  
&3&4 LF Step slightly backwards, RF Kick forward, RF Step together, LF Step forward ½ Turn R (3:00)  
5,6 RF Step forward, LF Full turn R step together (3:00)  
7,8 RF Step forward, LF ½ Turn R, step together (9:00)