

S.O.U.L. Steppin'

Competition Step Sheet

DIVISION: Division 3 Intermediate

Description: 64 Counts, 4 Walls, West Coast Swing, Non-Country

Choreographer: Rob Fowler

Music: Soul Steppin' by Will Downing

Count in: 32 Count Intro



1-8 Right Cross, Grapevine, Side Rock, Recover, Cross ¼ Turn, ¼ Turn

1-2 Cross RF over LF, step LF to L side

3&4 Cross RF behind LF, step to left on LF, cross RF over LF

5-6 Rock LF to L side, recover weight onto RF

7&8 Cross LF over RF, turn ¼ left stepping RF back, turn ¼ L stepping LF to L (facing 6.00)

9-16 Cross & Point x 2, 2 x Walks, Anchor Step

1&2 Step RF over LF, step to L on LF, touch right toe to R diagonal

&3&4 Step down onto RF, step LF over RF, step to R on RF, touch left toe to L diagonal
& Step down onto LF

5-6 Walk fwd RF, Walk fwd LF

7&8 Close RF behind LF, step LF in place, step RF in place

17-24 & Cross, Back, ¼ Turn Triple, R & L Lock Steps with ½ Turn L

& Step down onto left foot beside right

1-2 Cross RF over LF, step back onto LF

3&4 Making ¼ right, triple forward R, L, R (facing 9.00)

5-6 Step diagonally to L on LF, lock RF behind LF

&7-8 Step LF in place, step diagonally to R on RF, lock LF behind RF

& Turn ½ left on ball of RF (facing 3.00)

25-32 Step Lock & Step Lock, ¼ Turn, Syncopated Vine With Touch To Left

1-2 Step diagonally to left on LF, lock RF behind LF

&3-4 Step LF in place, step diagonally to R on RF, lock LF behind RF

& Turn ¼ left on ball of RF (face 12.00)

5-6 Step to left on LF, step RF behind LF

&7-8 Step to left on LF, step RF over LF, point LF out to L side

33-40 Behind & Cross & Cross, Touch, Behind, Full Unwind, Rock & Cross

1&2 Cross LF behind RF, step to R side on RF, cross LF over RF

&3-4 Step to R side on RF, cross LF over RF, point RF out to R side

5-6 Touch RF behind LF, unwind a full turn to R finishing with weight on RF

7&8 Rock to L side on LF, recover weight onto RF, cross LF over RF

41-48 Step To Right, Slide & Cross Step, Sailor ½ Turn, Point ¼ Turn Point

1-2 Step RF a large step to R side, slide LF towards RF

&3-4 Step LF beside RF, cross RF over LF, step to L on LF

5&6 Right sailor with ½ turn to right (facing 6.00)

7 Point LF out to Left side

& Turn ¼ right on ball of RF, hitching L knee (facing 9.00)

8 Point LF out to left side

S.O.U.L. Steppin'

Competition Step Sheet

DIVISION: **Division 3 Intermediate**

Description: 64 Counts, 4 Walls, West Coast Swing, Non-Country

Choreographer: Rob Fowler

Music: Soul Steppin' by Will Downing

Count in: 32 Count Intro



48-56 Behind, Side Rock, Recover (x 4) Travelling Back

1&2 Step LF behind RF, rock to right on RF, recover weight onto LF

3&4 Step RF behind LF, rock to left on LF, recover weight onto RF

5&6 Step LF behind RF, rock to right on RF, recover weight onto LF

7&8 Step RF behind LF, rock to left on LF, recover weight onto RF

57-64 Left Coaster Step, Walk R&L, Right Diagonal Triple, Left Diagonal Triple

1&2 Step back on LF, step RF beside LF, step forward on LF

3-4 Walk fwd R, walk fwd L

5&6 Step RF to R diagonal, step LF next to RF, step RF to R diagonal

7&8 Step LF to L diagonal, step RF next to LF, step LF to L diagonal