

Thursday

Competition Step Sheet

DIVISION: Division 1 All-stars

Description: 32 Counts, 2 Walls, Nightclub, Non-Country

Choreographer: Lee Easton

Music: Yesterday by Leona Lewis

Count in: 16 Count Intro



1-9 Side Basic, Ronde, Weave, Fan turn, Chaine Turn, Push ½ Turn into low Ronde

- 1,2& Step RF to right side, Step LF next to RF, Step RF across LF (prep)
- 3 Turn on RF making 5/8 turn right, step slightly back on LF (9:00)
- & Continue turn on LF 3/4 T right, Ronde RF (face 12:00)
- 4 Step RF diagonally behind LF
- & Step LF to left side
- 5 Step RF across LF (prep) (face 10h30)
- & Turn on RF 1 Turn to left, fan L toe (face 10.30)
- 6 Step LF forward to 10.30
- & Close RF to LF to begin a full turn left
- 7 Step LF forward finishing full turn
- 8 Step RF forward
- & ½ Turn left with LF taking weight
- a 3/8 Turn left to face 12:00 and step on RF
- 1 Pass L toe next RF and then forward before Ronde

10-16 Weave, Fan turn, Run fwd, Contra shape, Step Cabriole Derriere, Double Chaine Turn

- 2 Step LF diagonally behind RF
- & Step RF to right side
- 3 Step LF across RF (prep)
- & Turn on L F 1 & 1/8 Turn right fan L toe to face 1.30
- 4 Step RF forward toward 1.30
- & Step LF forward
- 5 Step RF forward, shaping L side forward
- 6 Step back on LF to 7.30
- & Step back on RF to 7.30
- a Cabriole derriere: Swing L leg straight back and up, whilst pushing out of RF off of the floor, then extend R leg and close to LF before landing on RF without any rotation
- 7 Step on RF under body, toe lower
- a 1/2T left and step LF forward to 7.30 (prep)
- 8 Close RF to LF begin full turn left
- & Step LF forward to 7.30
- & Close RF to begin full turn left
- a Step LF forward to 7.30

17-24 Step, Wind up, Unwind, Travelling Basic, Cross Body with Turn

- 1 Step RF to right side with 1/8 T left (face 6.00) arms up and out
- 2 Keep feet in place, transfer weight to LF, turning body ½ T left, fold arms behind head (prep)
- 3 Unwind full turn right, fan R toe, arms burst from behind head after turn
- 4 Step RF to right side (face 12:00)

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- & Step LF across RF
- 5 Step RF to right
- 6 Step LF next to RF
- & Step R across L (prep)
- 7 Start to turn right and step LF back toward 9.00, turn 1/2T right
- 8 Step RF forward (9.00), 1/2 Turn right
- & Step LF back to 9.00, 1/2 Turn right

25-32 Ronde, Weave, Double Spiral Spin, Sweeps, 1/2 Turn Pose

- 1 Step RF forward, 1/4 Turn right and ronde LF from back to front (face 12:00)
- 2 Step LF across RF
- & Step RF to right side
- 3 Touch L toe diagonally behind RF (prep), Keep feet in place, keep weight on RF, unwind 5/8 Turn left
- 4 Draw L toe across RF making spiral, 3/8 Turn left
- & Carry energy and hold position for another full turn
- 5 Ronde LF from back to front (face 12:00)
- 6 Step LF diagonally behind RF, displacing R leg to make a sweep with RF
- & Step RF diagonally behind LF, displacing R leg to make a sweep with LF
- 7 Touch LF directly behind RF
- 8 Turn 1/2 left on to LF, touch R toe diagonally behind LF, pose with Right arm up, left arm out to side (face 6:00)