

Sha La La

Offizielle BfCW - Tanzbeschreibung 2008

Choreograph: Max Perry
Tanztyp: 4 Wall Line Dance
Level: Anfänger
Motion: Smooth
Counts: 32 count
Music: Lucky me, lucky you von Lee Roy Parnell

A. Sugar Push with Kick Ball Change

1,2, Step RF forward, Step LF forward
3&4 Step RF up to LF (3rd position), Step LF in place, RF Step back
5&6 Step LF back, Step RF next to L, Step LF forward (coaster step)

Note: *You may also dance an "anchor" step instead of the coaster step*

7&8 Kick RF forward, Rock RF back with ball of foot, Step LF in place

B. 1/4 Pivot Turn, Crossing Shuffle, Weave Left,

1,2 Step RF forward & turn 1/4 left, Step LF in place
3&4 Cross RF in front of LF, Step LF to left side, Cross RF over LF
5,6,7, Step LF to left side, Cross RF behind LF, Step LF to left side,
8 Cross RF over LF

C. Side Rock, Turning Sailor Shuffle, Forward & Back Rock Steps

1,2, Rock Step LF to left side, Step RF in place (recover)
3 & 4 Cross LF behind RF, Step RF in place, Step LF in place
(turn 1/4 left over these 3 steps)

5,6 Rock RF forward, Step LF in place (recover)
7,8 Rock RF back, Step LF in place (recover)

D. 1/2 Pivot Turn, 1/4 Pivot Turn, Syncopated Touches

1,2 Step RF forward & turn 1/2 left, Step LF in place
3,4 Step RF forward & turn 1/4 left, Step LF in place
5& Touch RF forward & across LF, Step RF next to LF
6& Touch LF forward & across RF, Step LF next to RF
7& Touch RF forward, Step RF next to LF
8& Touch LF forward, Step LF next to RF

Start Again