

2 HELL AND BACK

Offizielle BfCW - Tanzbeschreibung 2008

Choreograph: Kate Sala & Rob Fowler
Tanztyp: 2 Wall Line Dance
Level: Anfänger
Motion: Lilt
Counts: 32 count
Music: If you're going through hell von Rodney Atkins

R SIDE ROCK, CROSS SHUFFLE, SIDE 1/4 TURN R, CROSS SHUFFLE

- 1 RF Rock to the right side
- 2 LF Recover
- 3&4 RF Step across LF, LF Step to the left, RF Step across LF
- 5 LF Step to the left
- 6 ¼ Turn R as RF Step to the right side (face 3:00)
- 7&8 LF Step across RF, RF Step to the right, LF Step across RF

R SIDE ROCK, CROSS SHUFFLE, SIDE 1/4 TURN R, CROSS SHUFFLE

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TOUCH RIGHT SIDE, TOUCH LEFT HEEL FORWARD, RIGHT KICK AND COASTER STEP, FORWARD, TOUCH, STEP BACK

- 1&2 RF Touch to the right, RF Step next to LF, LF Touch heel forward
- &3 LF Step next to RF, RF Kick forward,
- 4&5 RF Step back, LF Step next to RF, RF Step forward
- 6 LF Step forward
- 7 RF Touch next to LF
- 8 RF Step back

LEFT SHUFFLE BACK, RIGHT COASTER STEP, WALK CLAP WALK CLAP, LEFT SIDE ROCK CROSS

- 1&2 LF Step back, RF Step next to LF, LF Step back
- 3&4 RF Step back, LF Step next to RF, RF Step forward
- 5& LF Step forward, Clap
- 6& RF Step forward, Clap
- 7&8 LF Rock to the left, RF Recover, LF Cross over RF

Start Again