

SOUL SISTER

Offizielle BfCW - Tanzbeschreibung 2008

Choreograph: A.T.Kinson
Tanztyp: 4 Wall Line Dance
Level: Advanced
Motion: Cuban (Cha Cha)
Counts: 32 Count
Music: "Lady Marmalade" by All Saints

1-9: SIDE STEP, SYNCOPATED CROSS ROCK, KNEE LIFT, SAILOR STEP, CROSS STEP, ¾ TWIST, COASTER STEP

1 Step LF to left side
2 Rock RF across LF
& Recover on LF
3 Lift Right knee in figure 4
4 Cross RF behind LF
& Step LF to left side
5 Step RF in place
6 Cross LF in front of RF
7 Twist 3/4T right ending with weight on LF
8 Step RF back (face 9:00)
& Step LF together
1 Step LF forward

10-17: ¼ RIGHT, FORWARD ROCK, BACK PIVOT TURNING RIGHT, 2 FORWARD STEPS, SIDE BREAK, SIDE TRIPLE WITH ¼ LEFT

2 1/4T right and break LF forward (face 12:00)
3 Recover on RF
4 Step LF back
& 1/2T right and step RF forward (face 6:00)
5 Step LF forward
6 Rock RF to right side
& Recover on LF
7 Step RF together
8 Step LF to left side
& Step RF next to LF
1 1/4T left and step LF to left side (face 9:00)

18-25: ROCK/TAP STEP, ¼ RIGHT, SIDE TRIPLE, ROCK & RONDE ½ LEFT, COASTER STEP

2 Rock RF forward
& Tap LF behind RF
3 Step LF back
4 1/4T right and step RF to right side (face 6:00)
& Step LF next to RF
5 Step RF to right side
6 Rock LF forward
7 Recover on RF making 1/2T left and LF rondé
8 Step LF back (face 12:00)
& Step RF next to LF
1 Step LF forward

26-32: FORWARD ROCK, ¼ RIGHT, SYNCOPATED SIDE ROCK, BACK ROCK, SIDE, TOGETHER

2 Rock RF forward
3 Recover on LF
4 1/4T right and rock RF to right side (face 3:00)
& Recover on LF
5 Step RF next to LF
6 Rock LF back
7 Recover on RF
8 Step LF to left side
& Step RF next to LF